



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Plöttner, Johannes**

Club: GutsMuths Rennsteiglaufverein e.V.

Number: 762

Course: 42.25 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 2:49:28

Speed: 14.96 km/h

Running performance: 4:01 min/km

Rank in course/Total: 1 (of 193)

Rank in course/Men: 1 (of 161)

Best time in course: 2:49:28

Rank in category: 1(of 9)

Best time in the category: 2:49:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	11:50	3:38	1	-	1	-	3.25	11:50	3:38	1	-	1	-
Lap 2	3.25	12:27	3:49	1	-	1	-	6.50	24:17	3:44	1	-	1	-
Lap 3	3.25	12:31	3:51	1	-	1	-	9.75	36:48	3:46	1	-	1	-
Lap 4	3.25	12:45	3:55	1	-	1	-	13.00	49:33	3:48	1	-	1	-
Lap 5	3.25	12:54	3:58	1	-	1	-	16.25	1:02:27	3:50	1	-	1	-
Lap 6	3.25	13:00	4:00	1	-	3	12:59	19.50	1:15:27	3:52	1	-	3	1:50
Lap 7	3.25	13:21	4:06	1	-	1	-	22.75	1:28:48	3:54	1	-	3	0:54
Lap 8	3.25	13:19	4:05	1	-	2	13:18	26.00	1:42:07	3:55	1	-	2	14:12
Lap 9	3.25	13:19	4:05	1	-	1	-	29.25	1:55:26	3:56	1	-	2	12:28
Lap 10	3.25	13:27	4:08	1	-	1	-	32.50	2:08:53	3:57	1	-	2	10:02
Lap 11	3.25	13:33	4:10	2	0:25	2	0:25	35.75	2:22:26	3:59	1	-	2	6:50
Lap 12	3.25	13:57	4:17	2	0:44	2	0:44	39.00	2:36:23	4:00	1	-	2	3:31
Last lap Finish	3.25	13:05	4:01	1	-	1	-	42.25	2:49:28	4:00	1	-	1	-