



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Plöttner, Johannes

Club: GutsMuths Rennsteiglaufverein e.V.

Number: 762

Course: 42.25 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 2:49:28

Speed: 14.87 km/h

Running performance: 4:01 min/km

Rank in course/Total: 1 (of 193)

Rank in course/Men: 1 (of 161)

Best time in course: 2:49:28

Rank in category: 1(of 9)

Best time in the category: 2:49:28

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 11:50 | 3:38 | 1 | - | 1 | - | 3.25 | 11:50 | 3:38 | 1 | - | 1 | - |
| Lap 2 | 3.25 | 12:27 | 3:49 | 1 | - | 1 | - | 6.50 | 24:17 | 3:44 | 1 | - | 1 | - |
| Lap 3 | 3.25 | 12:31 | 3:51 | 1 | - | 1 | - | 9.75 | 36:48 | 3:46 | 1 | - | 1 | - |
| Lap 4 | 3.25 | 12:45 | 3:55 | 1 | - | 1 | - | 13.00 | 49:33 | 3:48 | 1 | - | 1 | - |
| Lap 5 | 3.25 | 12:54 | 3:58 | 1 | - | 1 | - | 16.25 | 1:02:27 | 3:50 | 1 | - | 1 | - |
| Lap 6 | 3.25 | 13:00 | 4:00 | 1 | - | 3 | 12:59 | 19.50 | 1:15:27 | 3:52 | 1 | - | 3 | 1:50 |
| Lap 7 | 3.25 | 13:21 | 4:06 | 1 | - | 1 | - | 22.75 | 1:28:48 | 3:54 | 1 | - | 3 | 0:54 |
| Lap 8 | 3.25 | 13:19 | 4:05 | 1 | - | 2 | 13:18 | 26.00 | 1:42:07 | 3:55 | 1 | - | 2 | 14:12 |
| Lap 9 | 3.25 | 13:19 | 4:05 | 1 | - | 1 | - | 29.25 | 1:55:26 | 3:56 | 1 | - | 2 | 12:28 |
| Lap 10 | 3.25 | 13:27 | 4:08 | 1 | - | 1 | - | 32.50 | 2:08:53 | 3:57 | 1 | - | 2 | 10:02 |
| Lap 11 | 3.25 | 13:33 | 4:10 | 2 | 0:25 | 2 | 0:25 | 35.75 | 2:22:26 | 3:59 | 1 | - | 2 | 6:50 |
| Lap 12 | 3.25 | 13:57 | 4:17 | 2 | 0:44 | 2 | 0:44 | 39.00 | 2:36:23 | 4:00 | 1 | - | 2 | 3:31 |
| Last lap Finish | 3.25 | 13:05 | 4:01 | 1 | - | 1 | - | 42.25 | 2:49:28 | 4:00 | 1 | - | 1 | - |