



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Dommen, Wilhelm

Club: TVE Lauffreunde Gladbeck

Number: 341

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:51:06

Speed: 7.71 km/h

Running performance: 7:31 min/km

Rank in course/Total: 228 (of 244)

Rank in course/Men: 169 (of 179)

Best time in course: 1:31:15

Rank in category: 36(of 38)

Best time in the category: 1:57:07

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	19:54	6:07	28	4:35	148	6:56	3.25	19:54	6:07	28	4:35	148	6:56
Lap 2	3.25	21:49	6:42	34	6:20	165	8:45	6.50	41:43	6:25	32	10:55	161	15:23
Lap 3	3.25	23:57	7:22	37	9:14	173	10:47	9.75	1:05:40	6:44	33	18:33	167	26:10
Lap 4	3.25	26:17	8:05	38	10:03	176	13:17	13.00	1:31:57	7:04	36	27:12	172	39:27
Lap 5	3.25	26:05	8:01	37	10:28	173	13:18	16.25	1:58:02	7:15	36	36:24	172	52:45
Lap 6	3.25	26:38	8:11	37	9:19	171	13:44	19.50	2:24:40	7:25	36	45:06	171	1:06:29
Last lap Finish	3.25	26:26	8:07	34	9:19	163	13:22	22.75	2:51:06	7:31	37	1:38:50	170	1:38:50