



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Schmitt, Elke

Club: LANDAU RUNNING COMPANY

Number: 481

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 2:58:22

Speed: 7.40 km/h

Running performance: 7:50 min/km

Rank in course/Total: 232 (of 244)

Rank in course/Women: 61 (of 65)

Best time in course: 1:42:53

Rank in category: 7(of 7)

Best time in the category: 2:14:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	23:40	7:16	7	6:49	61	9:48	3.25	23:40	7:16	7	6:49	61	9:48
Lap 2	3.25	24:52	7:39	7	6:57	63	10:13	6.50	48:32	7:28	7	13:46	64	20:01
Lap 3	3.25	25:10	7:44	7	6:39	63	10:27	9.75	1:13:42	7:33	7	20:25	63	30:25
Lap 4	3.25	25:46	7:55	7	6:44	62	10:53	13.00	1:39:28	7:39	7	27:09	62	41:18
Lap 5	3.25	27:16	8:23	7	7:48	63	12:12	16.25	2:06:44	7:47	7	34:23	63	53:30
Lap 6	3.25	25:40	7:53	6	5:36	58	10:32	19.50	2:32:24	7:48	7	38:49	62	1:04:02
Last lap Finish	3.25	25:58	7:59	6	5:49	56	11:27	22.75	2:58:22	7:50	7	43:54	61	1:15:29