



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Zepitz, Norbert

Club: LG Südkärnten

Number: 845

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:04:13

Speed: 13.68 km/h

Running performance: 4:22 min/km

Rank in course/Total: 5 (of 193)

Rank in course/Men: 5 (of 161)

Best time in course: 2:49:28

Rank in category: 2(of 27)

Best time in the category: 2:58:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:49	3:56	2	0:59	4	0:59	3.25	12:49	3:56	2	0:59	4	0:59
Lap 2	3.25	13:14	4:04	2	0:47	5	0:47	6.50	26:03	4:00	2	1:46	4	1:46
Lap 3	3.25	13:19	4:05	2	0:35	4	0:48	9.75	39:22	4:02	2	2:21	4	2:34
Lap 4	3.25	13:19	4:05	2	0:11	4	0:34	13.00	52:41	4:03	2	2:32	4	3:08
Lap 5	3.25	13:35	4:10	1	-	3	0:41	16.25	1:06:16	4:04	2	2:09	4	3:49
Lap 6	3.25	13:59	4:18	2	0:22	8	13:58	19.50	1:20:15	4:06	2	1:35	6	6:38
Lap 7	3.25	14:09	4:21	3	0:16	7	0:48	22.75	1:34:24	4:08	2	0:56	6	6:30
Lap 8	3.25	14:23	4:25	1	-	5	14:22	26.00	1:48:47	4:11	2	0:45	6	20:52
Lap 9	3.25	14:44	4:31	2	0:27	6	1:25	29.25	2:03:31	4:13	2	1:12	6	20:33
Lap 10	3.25	14:51	4:34	3	1:01	7	1:24	32.50	2:18:22	4:15	2	2:13	6	19:31
Lap 11	3.25	15:08	4:39	3	1:20	8	2:00	35.75	2:33:30	4:17	2	3:33	7	17:54
Lap 12	3.25	15:10	4:39	3	0:44	6	1:57	39.00	2:48:40	4:19	2	4:17	7	15:48
Last lap Finish	3.25	15:33	4:47	3	1:42	9	2:28	42.25	3:04:13	4:21	2	5:59	5	14:45