



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

Schneider, Mark

Club: Maintal

Number: 796

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:15:14

Speed: 12.91 km/h

Running performance: 4:37 min/km

Rank in course/Total: 10 (of 193)

Rank in course/Men: 10 (of 161)

Best time in course: 2:49:28

Rank in category: 1(of 22)

Best time in the category: 3:15:14

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Total	Pos	Behind	Pos		Behind	
	km	Time			min/km	Cat.		Cat.	Men				Men	km		Time
Lap 1	3.25	13:37	4:11	1	-	13	1:47	3.25	13:37	4:11	1	-	13	1:47		
Lap 2	3.25	13:08	4:02	1	-	4	0:41	6.50	26:45	4:06	1	-	7	2:28		
Lap 3	3.25	13:44	4:13	1	-	6	1:13	9.75	40:29	4:09	1	-	7	3:41		
Lap 4	3.25	13:41	4:12	1	-	5	0:56	13.00	54:10	4:09	1	-	7	4:37		
Lap 5	3.25	13:51	4:15	1	-	5	0:57	16.25	1:08:01	4:11	1	-	7	5:34		
Lap 6	3.25	13:48	4:14	1	-	6	13:47	19.50	1:21:49	4:11	1	-	9	8:12		
Lap 7	3.25	14:02	4:19	1	-	6	0:41	22.75	1:35:51	4:12	1	-	9	7:57		
Lap 8	3.25	14:40	4:30	1	-	11	14:39	26.00	1:50:31	4:15	1	-	9	22:36		
Lap 9	3.25	15:07	4:39	1	-	10	1:48	29.25	2:05:38	4:17	1	-	9	22:40		
Lap 10	3.25	16:14	4:59	3	0:49	20	2:47	32.50	2:21:52	4:21	1	-	9	23:01		
Lap 11	3.25	17:00	5:13	3	1:17	23	3:52	35.75	2:38:52	4:26	1	-	9	23:16		
Lap 12	3.25	17:32	5:23	3	1:35	24	4:19	39.00	2:56:24	4:31	1	-	9	23:32		
Last lap Finish	3.25	18:50	5:47	5	3:01	47	5:45	42.25	3:15:14	4:37	1	-	10	25:46		