



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Timm, Jascha

Club: Heul nicht, lauf!

Number: 239

Course: 9.75 km

10 km Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 37:56

Speed: 15.42 km/h

Running performance: 3:53 min/km

Rank in course/Total: 5 (of 246)

Rank in course/Men: 5 (of 148)

Best time in course: 33:48

Rank in category: 1(of 4)

Best time in the category: 37:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:13	3:45	1	-	5	1:42	3.25	12:13	3:45	1	-	5	1:42
Lap 2	3.25	12:51	3:57	1	-	4	1:20	6.50	25:04	3:51	1	-	5	3:02
Last lap Finish	3.25	12:52	3:57	1	-	5	1:13	9.75	37:56	3:53	1	-	5	4:08