



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Hoffmann, Christian

Club: adidas Trail Runners Jena

Number: 685

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:19:13

Speed: 12.65 km/h

Running performance: 4:43 min/km

Rank in course/Total: 13 (of 193)

Rank in course/Men: 13 (of 161)

Best time in course: 2:49:28

Rank in category: 5(of 27)

Best time in the category: 2:58:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:23	4:25	8	2:33	17	2:33	3.25	14:23	4:25	8	2:33	17	2:33
Lap 2	3.25	15:50	4:52	13	3:23	40	3:23	6.50	30:13	4:38	12	5:56	32	5:56
Lap 3	3.25	16:04	4:56	13	3:20	40	3:33	9.75	46:17	4:44	12	9:16	33	9:29
Lap 4	3.25	16:46	5:09	14	3:38	53	4:01	13.00	1:03:03	4:50	12	12:54	36	13:30
Lap 5	3.25	17:52	5:29	19	4:17	78	4:58	16.25	1:20:55	4:58	14	16:48	43	18:28
Lap 6	3.25	14:46	4:32	6	1:09	13	14:45	19.50	1:35:41	4:54	12	17:01	35	22:04
Lap 7	3.25	14:58	4:36	6	1:05	14	1:37	22.75	1:50:39	4:51	12	17:11	31	22:45
Lap 8	3.25	14:38	4:30	4	0:15	10	14:37	26.00	2:05:17	4:49	12	17:15	30	37:22
Lap 9	3.25	15:07	4:39	4	0:50	10	1:48	29.25	2:20:24	4:47	12	18:05	29	37:26
Lap 10	3.25	14:48	4:33	2	0:58	6	1:21	32.50	2:35:12	4:46	10	19:03	25	36:21
Lap 11	3.25	14:49	4:33	2	1:01	6	1:41	35.75	2:50:01	4:45	9	20:04	22	34:25
Lap 12	3.25	14:58	4:36	2	0:32	5	1:45	39.00	3:04:59	4:44	6	20:36	16	32:07
Last lap Finish	3.25	14:14	4:22	2	0:23	5	1:09	42.25	3:19:13	4:42	5	20:59	13	29:45