



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Struck, Jan-Philipp

Total time: 3:20:14

Club: Lauffreunde Bönen 1985 e.V. // Laufcampus Tönnies

Speed: 12.66 km/h

Number: 824

Running performance: 4:44 min/km

Course: 42.25 km

Rank in course/Total: 16 (of 193)

Marathon

Rank in course/Men: 16 (of 161)

Best time in course: 2:49:28

Category:

Rank in category: 4(of 9)

Männer (20-29 Jahre)

Best time in the category: 2:49:28

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:26	4:26	4	2:36	19	2:36	3.25	14:26	4:26	4	2:36	19	2:36
Lap 2	3.25	14:59	4:36	4	2:32	24	2:32	6.50	29:25	4:31	4	5:08	19	5:08
Lap 3	3.25	14:28	4:27	4	1:57	14	1:57	9.75	43:53	4:30	4	7:05	16	7:05
Lap 4	3.25	15:40	4:49	6	2:55	31	2:55	13.00	59:33	4:34	5	10:00	23	10:00
Lap 5	3.25	14:31	4:28	3	1:37	10	1:37	16.25	1:14:04	4:33	4	11:37	20	11:37
Lap 6	3.25	14:48	4:33	3	1:48	14	14:47	19.50	1:28:52	4:33	4	13:25	20	15:15
Lap 7	3.25	14:51	4:34	3	1:30	13	1:30	22.75	1:43:43	4:33	4	14:55	18	15:49
Lap 8	3.25	15:08	4:39	3	1:49	12	15:07	26.00	1:58:51	4:34	4	16:44	15	30:56
Lap 9	3.25	17:58	5:31	7	4:39	46	4:39	29.25	2:16:49	4:40	5	21:23	20	33:51
Lap 10	3.25	16:01	4:55	4	2:34	17	2:34	32.50	2:32:50	4:42	5	23:57	18	33:59
Lap 11	3.25	15:59	4:55	4	2:51	12	2:51	35.75	2:48:49	4:43	5	26:23	18	33:13
Lap 12	3.25	16:22	5:02	4	3:09	12	3:09	39.00	3:05:11	4:44	4	28:48	18	32:19
Last lap Finish	3.25	15:03	4:37	4	1:58	6	1:58	42.25	3:20:14	4:44	4	30:46	16	30:46