



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Merchel, Stefan

Club: Team City Sport

Number: 737

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:24:07

Speed: 12.42 km/h

Running performance: 4:50 min/km

Rank in course/Total: 20 (of 193)

Rank in course/Men: 20 (of 161)

Best time in course: 2:49:28

Rank in category: 8(of 27)

Best time in the category: 2:58:14

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:42	4:31	9	2:52	24	2:52	3.25	14:42	4:31	9	2:52	24	2:52
Lap 2	3.25	15:04	4:38	10	2:37	28	2:37	6.50	29:46	4:34	10	5:29	25	5:29
Lap 3	3.25	15:12	4:40	10	2:28	25	2:41	9.75	44:58	4:36	9	7:57	24	8:10
Lap 4	3.25	15:26	4:44	11	2:18	27	2:41	13.00	1:00:24	4:38	10	10:15	27	10:51
Lap 5	3.25	15:16	4:41	9	1:41	22	2:22	16.25	1:15:40	4:39	10	11:33	26	13:13
Lap 6	3.25	15:22	4:43	10	1:45	25	15:21	19.50	1:31:02	4:40	9	12:22	24	17:25
Lap 7	3.25	15:11	4:40	7	1:18	18	1:50	22.75	1:46:13	4:40	9	12:45	25	18:19
Lap 8	3.25	15:24	4:44	6	1:01	15	15:23	26.00	2:01:37	4:40	9	13:35	23	33:42
Lap 9	3.25	15:27	4:45	6	1:10	15	2:08	29.25	2:17:04	4:41	9	14:45	23	34:06
Lap 10	3.25	15:55	4:53	6	2:05	15	2:28	32.50	2:32:59	4:42	8	16:50	20	34:08
Lap 11	3.25	16:57	5:12	7	3:09	20	3:49	35.75	2:49:56	4:45	7	19:59	20	34:20
Lap 12	3.25	17:29	5:22	9	3:03	23	4:16	39.00	3:07:25	4:48	9	23:02	22	34:33
Last lap Finish	3.25	16:42	5:08	9	2:51	20	3:37	42.25	3:24:07	4:49	8	25:53	20	34:39