



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Hiebing, Sebastian

Total time: 3:25:46

Club: Team Erdinger Alkoholfrei - Tri Team Gütersloh
Number: 681

Speed: 12.32 km/h

Running performance: 4:52 min/km

Course: 42.25 km
Marathon

Rank in course/Total: 21 (of 193)

Rank in course/Men: 21 (of 161)

Best time in course: 2:49:28

Category:

Rank in category: 9(of 27)

Senioren M35 (35-39 Jahre)

Best time in the category: 2:58:14

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:27	4:08	6	1:37	12	1:37	3.25	13:27	4:08	6	1:37	12	1:37
Lap 2	3.25	14:22	4:25	6	1:55	13	1:55	6.50	27:49	4:16	6	3:32	13	3:32
Lap 3	3.25	14:49	4:33	8	2:05	19	2:18	9.75	42:38	4:22	6	5:37	13	5:50
Lap 4	3.25	14:58	4:36	8	1:50	19	2:13	13.00	57:36	4:25	7	7:27	14	8:03
Lap 5	3.25	15:12	4:40	7	1:37	20	2:18	16.25	1:12:48	4:28	7	8:41	14	10:21
Lap 6	3.25	15:21	4:43	9	1:44	24	15:20	19.50	1:28:09	4:31	8	9:29	17	14:32
Lap 7	3.25	15:47	4:51	11	1:54	28	2:26	22.75	1:43:56	4:34	8	10:28	20	16:02
Lap 8	3.25	16:27	5:03	12	2:04	34	16:26	26.00	2:00:23	4:37	8	12:21	21	32:28
Lap 9	3.25	16:36	5:06	11	2:19	31	3:17	29.25	2:16:59	4:40	8	14:40	21	34:01
Lap 10	3.25	16:47	5:09	11	2:57	26	3:20	32.50	2:33:46	4:43	9	17:37	22	34:55
Lap 11	3.25	17:13	5:17	9	3:25	26	4:05	35.75	2:50:59	4:46	10	21:02	23	35:23
Lap 12	3.25	17:48	5:28	10	3:22	29	4:35	39.00	3:08:47	4:50	10	24:24	23	35:55
Last lap Finish	3.25	16:59	5:13	10	3:08	23	3:54	42.25	3:25:46	4:52	9	27:32	21	36:18