



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Offenderlein, Andy

Club: Dunkelwaldläufer

Number: 753

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 3:29:06

Speed: 12.12 km/h

Running performance: 4:57 min/km

Rank in course/Total: 26 (of 193)

Rank in course/Men: 26 (of 161)

Best time in course: 2:49:28

Rank in category: 2(of 10)

Best time in the category: 3:12:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:58	4:36	5	1:41	31	3:08	3.25	14:58	4:36	5	1:41	31	3:08
Lap 2	3.25	14:54	4:35	3	1:10	21	2:27	6.50	29:52	4:35	4	2:51	29	5:35
Lap 3	3.25	15:20	4:43	4	1:06	28	2:49	9.75	45:12	4:38	4	3:57	28	8:24
Lap 4	3.25	15:28	4:45	4	1:01	28	2:43	13.00	1:00:40	4:39	4	4:58	29	11:07
Lap 5	3.25	15:30	4:46	4	0:51	30	2:36	16.25	1:16:10	4:41	4	5:23	29	13:43
Lap 6	3.25	15:39	4:48	5	15:38	30	15:38	19.50	1:31:49	4:42	4	18:09	29	18:12
Lap 7	3.25	16:09	4:58	6	1:36	34	2:48	22.75	1:47:58	4:44	4	19:45	29	20:04
Lap 8	3.25	16:08	4:57	4	1:41	27	16:07	26.00	2:04:06	4:46	4	21:26	29	36:11
Lap 9	3.25	16:34	5:05	3	2:08	29	3:15	29.25	2:20:40	4:48	4	23:34	30	37:42
Lap 10	3.25	16:51	5:11	2	2:39	27	3:24	32.50	2:37:31	4:50	3	26:13	29	38:40
Lap 11	3.25	17:27	5:22	3	2:45	31	4:19	35.75	2:54:58	4:53	3	28:58	29	39:22
Lap 12	3.25	17:39	5:25	3	2:11	27	4:26	39.00	3:12:37	4:56	3	31:09	28	39:45
Last lap Finish	3.25	16:29	5:04	1	-	17	3:24	42.25	3:29:06	4:56	2	16:25	26	39:38