



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Kuntschke, Marcel

Club: ESV Blau Gold Frankfurt

Number: 719

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 3:32:53

Speed: 11.84 km/h

Running performance: 5:02 min/km

Rank in course/Total: 30 (of 193)

Rank in course/Men: 30 (of 161)

Best time in course: 2:49:28

Rank in category: 4(of 10)

Best time in the category: 3:12:41

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:04	4:56	8	2:47	51	4:14	3.25	16:04	4:56	8	2:47	51	4:14
Lap 2	3.25	16:34	5:05	9	2:50	55	4:07	6.50	32:38	5:01	8	5:37	51	8:21
Lap 3	3.25	16:15	5:00	7	2:01	44	3:44	9.75	48:53	5:00	7	7:38	48	12:05
Lap 4	3.25	15:33	4:47	5	1:06	29	2:48	13.00	1:04:26	4:57	6	8:44	43	14:53
Lap 5	3.25	15:47	4:51	5	1:08	32	2:53	16.25	1:20:13	4:56	6	9:26	39	17:46
Lap 6	3.25	15:19	4:42	3	15:18	20	15:18	19.50	1:35:32	4:53	5	21:52	33	21:55
Lap 7	3.25	16:08	4:57	5	1:35	33	2:47	22.75	1:51:40	4:54	5	23:27	34	23:46
Lap 8	3.25	16:00	4:55	3	1:33	25	15:59	26.00	2:07:40	4:54	5	25:00	34	39:45
Lap 9	3.25	16:07	4:57	2	1:41	21	2:48	29.25	2:23:47	4:54	5	26:41	34	40:49
Lap 10	3.25	17:07	5:15	3	2:55	32	3:40	32.50	2:40:54	4:57	5	29:36	34	42:03
Lap 11	3.25	17:12	5:17	2	2:30	25	4:04	35.75	2:58:06	4:58	4	32:06	31	42:30
Lap 12	3.25	17:21	5:20	2	1:53	21	4:08	39.00	3:15:27	5:00	4	33:59	30	42:35
Last lap Finish	3.25	17:26	5:21	2	0:57	28	4:21	42.25	3:32:53	5:02	4	20:12	30	43:25