



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Rippin, Katrin

Club: SC DHfK Leipzig

Number: 185

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 48:38

Speed: 11.10 km/h

Running performance: 4:59 min/km

Rank in course/Total: 50 (of 246)

Rank in course/Women: 9 (of 98)

Best time in course: 42:01

Rank in category: 2(of 16)

Best time in the category: 48:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:17	4:42	2	0:19	8	7:46	3.25	15:17	4:42	2	0:19	8	7:46
Lap 2	3.25	16:52	5:11	2	0:26	14	2:51	6.50	32:09	4:56	2	0:45	9	4:37
Last lap Finish	3.25	16:29	5:04	1	-	9	2:24	9.75	48:38	4:59	2	0:25	9	6:37