13. Kristall-Marathon
Merkers / 17.02.2019

Detailed evaluation

Riediger, Marian

Club: Team Erdinger Alkoholfrei
Number: 776

Course: 42.25 km
Marathon

Category:
Senioren M30 (30-34 Jahre)

Total time: 3:48:23

Speed: 11.10 km/h
Running performance: 5:25 min/km

Rank in course/Total: 47 (of 193)

Rank in course/Men: 45 (of 161)

Best time in course: 2:49:28

Rank in category: 6(of 10)

Best time in the category: 3:12:41

Intermediate times

Control	Stage score							Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:47	5:09	9	3:30	63	4:57	3.25	16:47	5:09	9	3:30	63	4:57
Lap 2	3.25	16:24	5:02	7	2:40	51	3:57	6.50	33:11	5:06	9	6:10	59	8:54
Lap 3	3.25	16:30	5:04	9	2:16	50	3:59	9.75	49:41	5:05	9	8:26	54	12:53
Lap 4	3.25	16:25	5:03	7	1:58	46	3:40	13.00	1:06:06	5:05	9	10:24	49	16:33
Lap 5	3.25	16:20	5:01	6	1:41	37	3:26	16.25	1:22:26	5:04	8	11:39	46	19:59
Lap 6	3.25	16:46	5:09	7	16:45	45	16:45	19.50	1:39:12	5:05	9	25:32	49	25:35
Lap 7	3.25	16:59	5:13	7	2:26	44	3:38	22.75	1:56:11	5:06	8	27:58	48	28:17
Lap 8	3.25	17:22	5:20	7	2:55	41	17:21	26.00	2:13:33	5:08	8	30:53	45	45:38
Lap 9	3.25	18:11	5:35	8	3:45	49	4:52	29.25	2:31:44	5:11	9	34:38	47	48:46
Lap 10	3.25	19:06	5:52	5	4:54	59	5:39	32.50	2:50:50	5:15	8	39:32	48	51:59
Lap 11	3.25	19:02	5:51	4	4:20	48	5:54	35.75	3:09:52	5:18	8	43:52	48	54:16
Lap 12	3.25	19:31	6:00	7	4:03	60	6:18	39.00	3:29:23	5:22	6	47:55	45	56:31
Last lap Finish	3.25	19:00	5:50	6	2:31	49	5:55	42.25	3:48:23	5:24	6	35:42	45	58:55