



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Gehlhar, Norman

Total time: 3:49:20

Club: Freiwillige Feuerwehr Maintal-Wachenbuchen Speed: 10.99 km/h

Number: 659

Running performance: 5:26 min/km

Course: 42.25 km

Rank in course/Total: 49 (of 193)

Marathon

Rank in course/Men: 47 (of 161)

Best time in course: 2:49:28

Category:

Rank in category: 7(of 10)

Senioren M30 (30-34 Jahre)

Best time in the category: 3:12:41

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:19	5:19	10	4:02	78	5:29	3.25	17:19	5:19	10	4:02	78	5:29
Lap 2	3.25	16:24	5:02	7	2:40	51	3:57	6.50	33:43	5:11	10	6:42	65	9:26
Lap 3	3.25	16:20	5:01	8	2:06	46	3:49	9.75	50:03	5:07	10	8:48	61	13:15
Lap 4	3.25	16:27	5:03	9	2:00	48	3:42	13.00	1:06:30	5:06	10	10:48	52	16:57
Lap 5	3.25	16:26	5:03	8	1:47	42	3:32	16.25	1:22:56	5:06	10	12:09	51	20:29
Lap 6	3.25	15:59	4:55	6	15:58	34	15:58	19.50	1:38:55	5:04	8	25:15	46	25:18
Lap 7	3.25	15:50	4:52	4	1:17	30	2:29	22.75	1:54:45	5:02	7	26:32	41	26:51
Lap 8	3.25	17:00	5:13	6	2:33	39	16:59	26.00	2:11:45	5:04	7	29:05	40	43:50
Lap 9	3.25	18:32	5:42	9	4:06	57	5:13	29.25	2:30:17	5:08	7	33:11	42	47:19
Lap 10	3.25	19:33	6:00	8	5:21	69	6:06	32.50	2:49:50	5:13	7	38:32	46	50:59
Lap 11	3.25	19:50	6:06	7	5:08	67	6:42	35.75	3:09:40	5:18	7	43:40	47	54:04
Lap 12	3.25	20:36	6:20	8	5:08	81	7:23	39.00	3:30:16	5:23	7	48:48	47	57:24
Last lap Finish	3.25	19:04	5:51	7	2:35	52	5:59	42.25	3:49:20	5:25	7	36:39	47	59:52