



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Erthel, Stefan

Club: Wermelskirchen

Number: 639

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:49:47

Speed: 10.97 km/h

Running performance: 5:26 min/km

Rank in course/Total: 50 (of 193)

Rank in course/Men: 48 (of 161)

Best time in course: 2:49:28

Rank in category: 8(of 35)

Best time in the category: 3:16:40

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Lap 1	3.25	16:55	5:12	13	2:11	67	5:05	3.25	16:55	5:12	13	2:11	67	5:05
Lap 2	3.25	16:40	5:07	11	2:04	59	4:13	6.50	33:35	5:10	12	4:06	62	9:18
Lap 3	3.25	16:59	5:13	12	2:15	63	4:28	9.75	50:34	5:11	12	6:21	63	13:46
Lap 4	3.25	17:06	5:15	12	2:19	61	4:21	13.00	1:07:40	5:12	12	8:40	63	18:07
Lap 5	3.25	17:16	5:18	11	2:36	64	4:22	16.25	1:24:56	5:13	11	11:16	60	22:29
Lap 6	3.25	17:12	5:17	11	2:39	58	17:11	19.50	1:42:08	5:14	12	13:55	60	28:31
Lap 7	3.25	17:26	5:21	10	2:59	55	4:05	22.75	1:59:34	5:15	11	16:54	59	31:40
Lap 8	3.25	17:48	5:28	8	3:22	49	17:47	26.00	2:17:22	5:16	11	20:16	58	49:27
Lap 9	3.25	18:14	5:36	8	3:18	50	4:55	29.25	2:35:36	5:19	10	23:34	56	52:38
Lap 10	3.25	18:26	5:40	8	3:06	47	4:59	32.50	2:54:02	5:21	10	26:40	55	55:11
Lap 11	3.25	18:32	5:42	7	2:49	40	5:24	35.75	3:12:34	5:23	10	29:22	53	56:58
Lap 12	3.25	18:34	5:42	7	3:11	39	5:21	39.00	3:31:08	5:24	8	31:34	49	58:16
Last lap Finish	3.25	18:39	5:44	8	3:28	43	5:34	42.25	3:49:47	5:26	8	33:07	48	1:00:19