



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Hoffmann, Ingo

Club: Schleusingen

Number: 684

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 3:50:45

Speed: 10.99 km/h

Running performance: 5:28 min/km

Rank in course/Total: 52 (of 193)

Rank in course/Men: 50 (of 161)

Best time in course: 2:49:28

Rank in category: 9(of 35)

Best time in the category: 3:16:40

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	16:11	4:58	10	1:27	53	4:21	3.25	16:11	4:58	10	1:27	53	4:21
Lap 2	3.25	16:40	5:07	11	2:04	59	4:13	6.50	32:51	5:03	10	3:22	53	8:34
Lap 3	3.25	16:46	5:09	8	2:02	55	4:15	9.75	49:37	5:05	10	5:24	53	12:49
Lap 4	3.25	16:58	5:13	8	2:11	56	4:13	13.00	1:06:35	5:07	9	7:35	54	17:02
Lap 5	3.25	16:53	5:11	8	2:13	53	3:59	16.25	1:23:28	5:08	8	9:48	53	21:01
Lap 6	3.25	17:04	5:15	8	2:31	55	17:03	19.50	1:40:32	5:09	8	12:19	53	26:55
Lap 7	3.25	17:20	5:19	8	2:53	51	3:59	22.75	1:57:52	5:10	8	15:12	53	29:58
Lap 8	3.25	17:34	5:24	7	3:08	45	17:33	26.00	2:15:26	5:12	9	18:20	52	47:31
Lap 9	3.25	17:51	5:29	7	2:55	43	4:32	29.25	2:33:17	5:14	8	21:15	52	50:19
Lap 10	3.25	18:33	5:42	9	3:13	48	5:06	32.50	2:51:50	5:17	7	24:28	49	52:59
Lap 11	3.25	19:16	5:55	13	3:33	54	6:08	35.75	3:11:06	5:20	7	27:54	49	55:30
Lap 12	3.25	20:12	6:12	15	4:49	72	6:59	39.00	3:31:18	5:25	9	31:44	50	58:26
Last lap Finish	3.25	19:27	5:59	12	4:16	64	6:22	42.25	3:50:45	5:27	9	34:05	50	1:01:17