



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Sültz, Mareike**

Club: TV Urbar

Number: 825

Course: 42.25 km

Marathon

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 3:51:11

Speed: 10.97 km/h

Running performance: 5:28 min/km

Rank in course/Total: 54 (of 193)

Rank in course/Women: 3 (of 32)

Best time in course: 3:42:42

Rank in category: 1(of 3)

Best time in the category: 3:51:11

### Intermediate times

### Stage score

### Total ranking

| Control         | Intermediate times |            |              |          | Stage score |           |              |          | Total ranking |              |          |             |           |              |
|-----------------|--------------------|------------|--------------|----------|-------------|-----------|--------------|----------|---------------|--------------|----------|-------------|-----------|--------------|
|                 | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1           | 3.25               | 15:49      | 4:51         | 1        | -           | 2         | 1:26         | 3.25     | 15:49         | 4:51         | 1        | -           | 2         | 1:26         |
| Lap 2           | 3.25               | 16:19      | 5:01         | 1        | -           | 3         | 0:29         | 6.50     | 32:08         | 4:56         | 1        | -           | 2         | 1:55         |
| Lap 3           | 3.25               | 16:33      | 5:05         | 1        | -           | 3         | 0:30         | 9.75     | 48:41         | 4:59         | 1        | -           | 3         | 2:25         |
| Lap 4           | 3.25               | 16:58      | 5:13         | 1        | -           | 3         | 0:32         | 13.00    | 1:05:39       | 5:03         | 1        | -           | 3         | 2:36         |
| Lap 5           | 3.25               | 17:10      | 5:16         | 1        | -           | 3         | 0:35         | 16.25    | 1:22:49       | 5:05         | 1        | -           | 3         | 1:54         |
| Lap 6           | 3.25               | 17:10      | 5:16         | 1        | -           | 2         | 0:20         | 19.50    | 1:39:59       | 5:07         | 1        | -           | 3         | 1:47         |
| Lap 7           | 3.25               | 17:21      | 5:20         | 1        | -           | 2         | 0:26         | 22.75    | 1:57:20       | 5:09         | 1        | -           | 2         | 2:13         |
| Lap 8           | 3.25               | 18:03      | 5:33         | 1        | -           | 4         | 0:45         | 26.00    | 2:15:23       | 5:12         | 1        | -           | 2         | 2:58         |
| Lap 9           | 3.25               | 19:04      | 5:51         | 1        | -           | 5         | 1:22         | 29.25    | 2:34:27       | 5:16         | 1        | -           | 2         | 4:20         |
| Lap 10          | 3.25               | 19:03      | 5:51         | 1        | -           | 5         | 1:02         | 32.50    | 2:53:30       | 5:20         | 1        | -           | 3         | 5:22         |
| Lap 11          | 3.25               | 18:33      | 5:42         | 1        | -           | 4         | 0:50         | 35.75    | 3:12:03       | 5:22         | 1        | -           | 3         | 5:44         |
| Lap 12          | 3.25               | 19:20      | 5:56         | 1        | -           | 7         | 1:42         | 39.00    | 3:31:23       | 5:25         | 1        | -           | 3         | 6:43         |
| Last lap Finish | 3.25               | 19:48      | 6:05         | 1        | -           | 11        | 2:33         | 42.25    | 3:51:11       | 5:28         | 1        | -           | 3         | 8:29         |