



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Seel, Jana

Club: Adidas Trailrunners Jena

Number: 807

Course: 42.25 km

Marathon

Category:

Frauen (20-29 Jahre)

Total time: 3:51:37

Speed: 10.94 km/h

Running performance: 5:29 min/km

Rank in course/Total: 56 (of 193)

Rank in course/Women: 4 (of 32)

Best time in course: 3:42:42

Rank in category: 1(of 3)

Best time in the category: 3:51:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	14:23	4:25	1	-	1	-	3.25	14:23	4:25	1	-	1	-
Lap 2	3.25	15:50	4:52	1	-	1	-	6.50	30:13	4:38	1	-	1	-
Lap 3	3.25	16:03	4:56	1	-	1	-	9.75	46:16	4:44	1	-	1	-
Lap 4	3.25	16:47	5:09	1	-	2	0:21	13.00	1:03:03	4:50	1	-	1	-
Lap 5	3.25	17:52	5:29	1	-	5	1:17	16.25	1:20:55	4:58	1	-	1	-
Lap 6	3.25	18:37	5:43	1	-	6	1:47	19.50	1:39:32	5:06	1	-	2	1:20
Lap 7	3.25	19:09	5:53	1	-	9	2:14	22.75	1:58:41	5:13	1	-	3	3:34
Lap 8	3.25	19:51	6:06	1	-	13	2:33	26.00	2:18:32	5:19	1	-	4	6:07
Lap 9	3.25	19:06	5:52	1	-	6	1:24	29.25	2:37:38	5:23	1	-	4	7:31
Lap 10	3.25	19:30	6:00	1	-	7	1:29	32.50	2:57:08	5:27	1	-	4	9:00
Lap 11	3.25	18:50	5:47	1	-	6	1:07	35.75	3:15:58	5:28	1	-	4	9:39
Lap 12	3.25	17:38	5:25	1	-	1	-	39.00	3:33:36	5:28	1	-	4	8:56
Last lap Finish	3.25	18:01	5:32	1	-	4	0:46	42.25	3:51:37	5:28	1	-	4	8:55