



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Pfauser, Daniel

Club: Mühlhausen

Number: 760

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:55:05

Speed: 10.78 km/h

Running performance: 5:34 min/km

Rank in course/Total: 63 (of 193)

Rank in course/Men: 59 (of 161)

Best time in course: 2:49:28

Rank in category: 10(of 28)

Best time in the category: 2:57:49

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	17:56	5:31	16	5:45	87	6:06	3.25	17:56	5:31	16	5:45	87	6:06
Lap 2	3.25	16:53	5:11	9	4:21	67	4:26	6.50	34:49	5:21	13	10:06	82	10:32
Lap 3	3.25	17:29	5:22	13	4:44	76	4:58	9.75	52:18	5:21	12	14:50	81	15:30
Lap 4	3.25	17:10	5:16	9	4:20	64	4:25	13.00	1:09:28	5:20	12	19:10	76	19:55
Lap 5	3.25	16:51	5:11	9	3:52	51	3:57	16.25	1:26:19	5:18	11	23:02	67	23:52
Lap 6	3.25	16:47	5:09	8	16:46	47	16:46	19.50	1:43:06	5:17	9	29:29	62	29:29
Lap 7	3.25	16:48	5:10	6	3:22	42	3:27	22.75	1:59:54	5:16	9	32:00	62	32:00
Lap 8	3.25	18:05	5:33	10	18:04	58	18:04	26.00	2:17:59	5:18	9	50:04	61	50:04
Lap 9	3.25	18:41	5:44	11	4:31	64	5:22	29.25	2:36:40	5:21	9	53:42	60	53:42
Lap 10	3.25	18:59	5:50	9	4:33	56	5:32	32.50	2:55:39	5:24	9	56:48	59	56:48
Lap 11	3.25	19:52	6:06	10	4:49	68	6:44	35.75	3:15:31	5:28	9	59:55	59	59:55
Lap 12	3.25	20:09	6:11	9	4:35	70	6:56	39.00	3:35:40	5:31	9	1:02:48	61	1:02:48
Last lap Finish	3.25	19:25	5:58	8	4:12	62	6:20	42.25	3:55:05	5:33	10	57:16	59	1:05:37