



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Sitterli, Andreas

Club: TV Hasperbach

Number: 811

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 3:56:01

Speed: 10.68 km/h

Running performance: 5:35 min/km

Rank in course/Total: 67 (of 193)

Rank in course/Men: 62 (of 161)

Best time in course: 2:49:28

Rank in category: 9(of 10)

Best time in the category: 3:12:41

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:48	4:51	7	2:31	41	3:58	3.25	15:48	4:51	7	2:31	41	3:58
Lap 2	3.25	16:13	4:59	6	2:29	44	3:46	6.50	32:01	4:55	6	5:00	43	7:44
Lap 3	3.25	16:10	4:58	6	1:56	42	3:39	9.75	48:11	4:56	6	6:56	43	11:23
Lap 4	3.25	16:26	5:03	8	1:59	47	3:41	13.00	1:04:37	4:58	7	8:55	44	15:04
Lap 5	3.25	16:50	5:10	10	2:11	50	3:56	16.25	1:21:27	5:00	7	10:40	44	19:00
Lap 6	3.25	16:52	5:11	8	16:51	51	16:51	19.50	1:38:19	5:02	7	24:39	44	24:42
Lap 7	3.25	17:54	5:30	10	3:21	66	4:33	22.75	1:56:13	5:06	9	28:00	49	28:19
Lap 8	3.25	17:33	5:24	8	3:06	44	17:32	26.00	2:13:46	5:08	9	31:06	47	45:51
Lap 9	3.25	17:49	5:28	6	3:23	42	4:30	29.25	2:31:35	5:10	8	34:29	45	48:37
Lap 10	3.25	20:28	6:17	9	6:16	90	7:01	32.50	2:52:03	5:17	9	40:45	50	53:12
Lap 11	3.25	20:11	6:12	9	5:29	81	7:03	35.75	3:12:14	5:22	9	46:14	52	56:38
Lap 12	3.25	22:31	6:55	9	7:03	105	9:18	39.00	3:34:45	5:30	10	53:17	58	1:01:53
Last lap Finish	3.25	21:16	6:32	8	4:47	96	8:11	42.25	3:56:01	5:35	9	43:20	62	1:06:33