



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Fischer, Sebastian

Club: Schleusingen

Number: 648

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:57:28

Speed: 10.61 km/h

Running performance: 5:37 min/km

Rank in course/Total: 71 (of 193)

Rank in course/Men: 66 (of 161)

Best time in course: 2:49:28

Rank in category: 16(of 27)

Best time in the category: 2:58:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:06	5:15	16	5:16	71	5:16	3.25	17:06	5:15	16	5:16	71	5:16
Lap 2	3.25	17:25	5:21	17	4:58	84	4:58	6.50	34:31	5:18	17	10:14	75	10:14
Lap 3	3.25	17:29	5:22	18	4:45	76	4:58	9.75	52:00	5:19	17	14:59	78	15:12
Lap 4	3.25	17:50	5:29	19	4:42	81	5:05	13.00	1:09:50	5:22	17	19:41	78	20:17
Lap 5	3.25	17:22	5:20	16	3:47	66	4:28	16.25	1:27:12	5:21	17	23:05	72	24:45
Lap 6	3.25	18:01	5:32	20	4:24	77	18:00	19.50	1:45:13	5:23	17	26:33	72	31:36
Lap 7	3.25	18:26	5:40	21	4:33	81	5:05	22.75	2:03:39	5:26	18	30:11	74	35:45
Lap 8	3.25	18:20	5:38	15	3:57	64	18:19	26.00	2:21:59	5:27	17	33:57	71	54:04
Lap 9	3.25	18:24	5:39	15	4:07	53	5:05	29.25	2:40:23	5:28	16	38:04	67	57:25
Lap 10	3.25	18:44	5:45	15	4:54	51	5:17	32.50	2:59:07	5:30	16	42:58	66	1:00:16
Lap 11	3.25	19:01	5:51	15	5:13	47	5:53	35.75	3:18:08	5:32	16	48:11	64	1:02:32
Lap 12	3.25	19:33	6:00	16	5:07	62	6:20	39.00	3:37:41	5:34	15	53:18	65	1:04:49
Last lap Finish	3.25	19:47	6:05	21	5:56	74	6:42	42.25	3:57:28	5:37	16	59:14	66	1:08:00