



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Borger, Eric

Club: Tria-Team Bruchköbel e.V.

Number: 618

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:06:05

Speed: 10.30 km/h

Running performance: 5:49 min/km

Rank in course/Total: 83 (of 193)

Rank in course/Men: 76 (of 161)

Best time in course: 2:49:28

Rank in category: 12(of 28)

Best time in the category: 2:57:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Lap 1	3.25	17:19	5:19	13	5:08	78	5:29	3.25	17:19	5:19	13	5:08	78	5:29
Lap 2	3.25	16:23	5:02	7	3:51	50	3:56	6.50	33:42	5:11	8	8:59	63	9:25
Lap 3	3.25	16:20	5:01	7	3:35	46	3:49	9.75	50:02	5:07	8	12:34	60	13:14
Lap 4	3.25	16:29	5:04	8	3:39	50	3:44	13.00	1:06:31	5:06	7	16:13	53	16:58
Lap 5	3.25	16:22	5:02	6	3:23	39	3:28	16.25	1:22:53	5:06	7	19:36	50	20:26
Lap 6	3.25	21:45	6:41	24	21:44	145	21:44	19.50	1:44:38	5:21	11	31:01	70	31:01
Lap 7	3.25	18:02	5:32	12	4:36	72	4:41	22.75	2:02:40	5:23	11	34:46	68	34:46
Lap 8	3.25	19:00	5:50	12	18:59	80	18:59	26.00	2:21:40	5:26	11	53:45	69	53:45
Lap 9	3.25	19:15	5:55	13	5:05	75	5:56	29.25	2:40:55	5:30	11	57:57	69	57:57
Lap 10	3.25	20:30	6:18	13	6:04	91	7:03	32.50	3:01:25	5:34	12	1:02:34	75	1:02:34
Lap 11	3.25	21:48	6:42	16	6:45	103	8:40	35.75	3:23:13	5:41	12	1:07:37	76	1:07:37
Lap 12	3.25	21:24	6:35	13	5:50	92	8:11	39.00	3:44:37	5:45	12	1:11:45	74	1:11:45
Last lap Finish	3.25	21:28	6:36	14	6:15	98	8:23	42.25	4:06:05	5:49	12	1:08:16	76	1:16:37