



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Matuschek, Thilo

Club: ASC Marktrodach

Number: 148

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 49:08

Speed: 10.99 km/h

Running performance: 5:02 min/km

Rank in course/Total: 56 (of 246)

Rank in course/Men: 45 (of 148)

Best time in course: 33:48

Rank in category: 4(of 14)

Best time in the category: 44:50

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 16:07 | 4:57 | 3 | 1:22 | 52 | 5:36 | 3.25 | 16:07 | 4:57 | 3 | 1:22 | 52 | 5:36 |
| Lap 2 | 3.25 | 16:31 | 5:04 | 4 | 1:24 | 44 | 5:00 | 6.50 | 32:38 | 5:01 | 4 | 2:46 | 45 | 10:36 |
| Last lap Finish | 3.25 | 16:30 | 5:04 | 4 | 1:32 | 40 | 4:51 | 9.75 | 49:08 | 5:02 | 4 | 4:18 | 45 | 15:20 |