



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Bart, Ernst

Club: ASKÖ Laufwunder-Steyr

Number: 607

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:07:32

Speed: 10.24 km/h

Running performance: 5:52 min/km

Rank in course/Total: 89 (of 193)

Rank in course/Men: 82 (of 161)

Best time in course: 2:49:28

Rank in category: 9(of 22)

Best time in the category: 3:15:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	20:27	6:17	21	6:50	147	8:37	3.25	20:27	6:17	21	6:50	147	8:37
Lap 2	3.25	17:50	5:29	12	4:42	93	5:23	6.50	38:17	5:53	16	11:32	121	14:00
Lap 3	3.25	17:59	5:31	11	4:15	95	5:28	9.75	56:16	5:46	15	15:47	113	19:28
Lap 4	3.25	17:56	5:31	9	4:15	84	5:11	13.00	1:14:12	5:42	14	20:02	108	24:39
Lap 5	3.25	17:46	5:28	8	3:55	74	4:52	16.25	1:31:58	5:39	13	23:57	101	29:31
Lap 6	3.25	19:12	5:54	12	5:24	103	19:11	19.50	1:51:10	5:42	12	29:21	101	37:33
Lap 7	3.25	19:37	6:02	12	5:35	101	6:16	22.75	2:10:47	5:44	12	34:56	100	42:53
Lap 8	3.25	19:10	5:53	9	4:30	82	19:09	26.00	2:29:57	5:46	12	39:26	98	1:02:02
Lap 9	3.25	19:21	5:57	8	4:14	77	6:02	29.25	2:49:18	5:47	11	43:40	94	1:06:20
Lap 10	3.25	20:25	6:16	11	5:00	87	6:58	32.50	3:09:43	5:50	11	47:51	92	1:10:52
Lap 11	3.25	19:34	6:01	7	3:51	63	6:26	35.75	3:29:17	5:51	11	50:25	88	1:13:41
Lap 12	3.25	19:10	5:53	6	3:13	49	5:57	39.00	3:48:27	5:51	10	52:03	84	1:15:35
Last lap Finish	3.25	19:05	5:52	6	3:16	53	6:00	42.25	4:07:32	5:51	9	52:18	82	1:18:04