



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Schreier-mieth, Enrico

Club: Lauffreunde Dreebit

Number: 799

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:09:44

Speed: 10.15 km/h

Running performance: 5:55 min/km

Rank in course/Total: 97 (of 193)

Rank in course/Men: 87 (of 161)

Best time in course: 2:49:28

Rank in category: 10(of 22)

Best time in the category: 3:15:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:21	5:38	13	4:44	100	6:31	3.25	18:21	5:38	13	4:44	100	6:31	
Lap 2	3.25	18:09	5:35	13	5:01	106	5:42	6.50	36:30	5:36	12	9:45	102	12:13	
Lap 3	3.25	18:19	5:38	13	4:35	102	5:48	9.75	54:49	5:37	13	14:20	103	18:01	
Lap 4	3.25	18:26	5:40	11	4:45	96	5:41	13.00	1:13:15	5:38	12	19:05	100	23:42	
Lap 5	3.25	18:29	5:41	11	4:38	90	5:35	16.25	1:31:44	5:38	12	23:43	99	29:17	
Lap 6	3.25	18:55	5:49	10	5:07	91	18:54	19.50	1:50:39	5:40	11	28:50	98	37:02	
Lap 7	3.25	19:05	5:52	10	5:03	92	5:44	22.75	2:09:44	5:42	10	33:53	95	41:50	
Lap 8	3.25	19:38	6:02	10	4:58	92	19:37	26.00	2:29:22	5:44	10	38:51	95	1:01:27	
Lap 9	3.25	19:26	5:58	9	4:19	80	6:07	29.25	2:48:48	5:46	10	43:10	92	1:05:50	
Lap 10	3.25	19:56	6:08	9	4:31	78	6:29	32.50	3:08:44	5:48	10	46:52	89	1:09:53	
Lap 11	3.25	20:16	6:14	10	4:33	82	7:08	35.75	3:29:00	5:50	10	50:08	87	1:13:24	
Lap 12	3.25	19:58	6:08	9	4:01	68	6:45	39.00	3:48:58	5:52	11	52:34	86	1:16:06	
Last lap Finish	3.25	20:46	6:23	10	4:57	89	7:41	42.25	4:09:44	5:54	10	54:30	87	1:20:16	