



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Klemm, Dietmar

Club: Laufen rund um Münster

Number: 703

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:12:43

Speed: 10.03 km/h

Running performance: 5:59 min/km

Rank in course/Total: 102 (of 193)

Rank in course/Men: 91 (of 161)

Best time in course: 2:49:28

Rank in category: 17(of 35)

Best time in the category: 3:16:40

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.25	20:16	6:14	30	5:32	140	8:26	3.25	20:16	6:14	30	5:32	140	8:26
Lap 2	3.25	19:19	5:56	26	4:43	133	6:52	6.50	39:35	6:05	26	10:06	136	15:18
Lap 3	3.25	19:32	6:00	30	4:48	131	7:01	9.75	59:07	6:03	27	14:54	132	22:19
Lap 4	3.25	19:30	6:00	27	4:43	125	6:45	13.00	1:18:37	6:02	28	19:37	131	29:04
Lap 5	3.25	18:31	5:41	18	3:51	91	5:37	16.25	1:37:08	5:58	26	23:28	125	34:41
Lap 6	3.25	19:32	6:00	24	4:59	110	19:31	19.50	1:56:40	5:58	26	28:27	125	43:03
Lap 7	3.25	18:27	5:40	15	4:00	83	5:06	22.75	2:15:07	5:56	25	32:27	115	47:13
Lap 8	3.25	18:47	5:46	16	4:21	74	18:46	26.00	2:33:54	5:55	24	36:48	107	1:05:59
Lap 9	3.25	19:08	5:53	15	4:12	73	5:49	29.25	2:53:02	5:54	24	41:00	104	1:10:04
Lap 10	3.25	19:25	5:58	15	4:05	66	5:58	32.50	3:12:27	5:55	19	45:05	97	1:13:36
Lap 11	3.25	19:56	6:08	16	4:13	74	6:48	35.75	3:32:23	5:56	19	49:11	96	1:16:47
Lap 12	3.25	19:31	6:00	12	4:08	60	6:18	39.00	3:51:54	5:56	16	52:20	91	1:19:02
Last lap Finish	3.25	20:49	6:24	19	5:38	90	7:44	42.25	4:12:43	5:58	17	56:03	91	1:23:15