



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Martini, Iris

Club: Team Klinikum Nürnberg

Number: 733

Course: 42.25 km

Marathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 4:15:35

Speed: 9.86 km/h

Running performance: 6:03 min/km

Rank in course/Total: 105 (of 193)

Rank in course/Women: 13 (of 32)

Best time in course: 3:42:42

Rank in category: 4(of 6)

Best time in the category: 3:42:42

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:19	5:56	5	3:18	17	4:56	3.25	19:19	5:56	5	3:18	17	4:56
Lap 2	3.25	18:15	5:36	3	2:05	10	2:25	6.50	37:34	5:46	5	5:23	16	7:21
Lap 3	3.25	18:13	5:36	4	2:03	11	2:10	9.75	55:47	5:43	4	7:26	14	9:31
Lap 4	3.25	19:03	5:51	5	2:37	15	2:37	13.00	1:14:50	5:45	5	10:03	15	11:47
Lap 5	3.25	18:54	5:48	4	2:19	9	2:19	16.25	1:33:44	5:46	5	12:22	15	12:49
Lap 6	3.25	19:31	6:00	5	2:41	14	2:41	19.50	1:53:15	5:48	5	15:03	15	15:03
Lap 7	3.25	19:34	6:01	4	2:39	14	2:39	22.75	2:12:49	5:50	5	17:42	14	17:42
Lap 8	3.25	19:55	6:07	4	2:37	14	2:37	26.00	2:32:44	5:52	4	20:19	12	20:19
Lap 9	3.25	20:07	6:11	4	2:25	11	2:25	29.25	2:52:51	5:54	4	22:44	12	22:44
Lap 10	3.25	20:30	6:18	4	2:29	14	2:29	32.50	3:13:21	5:56	4	25:13	12	25:13
Lap 11	3.25	20:56	6:26	4	2:47	14	3:13	35.75	3:34:17	5:59	4	27:58	12	27:58
Lap 12	3.25	20:58	6:27	4	2:37	14	3:20	39.00	3:55:15	6:01	4	30:35	12	30:35
Last lap Finish	3.25	20:20	6:15	4	3:05	13	3:05	42.25	4:15:35	6:02	4	32:53	13	32:53