



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Rupps, Jürgen

Club: Hochdorf

Number: 783

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 4:17:16

Speed: 9.85 km/h

Running performance: 6:05 min/km

Rank in course/Total: 108 (of 193)

Rank in course/Men: 95 (of 161)

Best time in course: 2:49:28

Rank in category: 23(of 27)

Best time in the category: 2:58:14

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:55	6:07	24	8:05	131	8:05	3.25	19:55	6:07	24	8:05	131	8:05
Lap 2	3.25	19:06	5:52	25	6:39	127	6:39	6.50	39:01	6:00	25	14:44	130	14:44
Lap 3	3.25	19:12	5:54	24	6:28	123	6:41	9.75	58:13	5:58	25	21:12	127	21:25
Lap 4	3.25	19:11	5:54	23	6:03	115	6:26	13.00	1:17:24	5:57	24	27:15	124	27:51
Lap 5	3.25	19:38	6:02	24	6:03	116	6:44	16.25	1:37:02	5:58	24	32:55	123	34:35
Lap 6	3.25	19:56	6:08	26	6:19	115	19:55	19.50	1:56:58	5:59	25	38:18	126	43:21
Lap 7	3.25	20:15	6:13	25	6:22	111	6:54	22.75	2:17:13	6:01	25	43:45	126	49:19
Lap 8	3.25	20:23	6:16	23	6:00	104	20:22	26.00	2:37:36	6:03	25	49:34	118	1:09:41
Lap 9	3.25	19:37	6:02	19	5:20	83	6:18	29.25	2:57:13	6:03	23	54:54	113	1:14:15
Lap 10	3.25	20:06	6:11	19	6:16	80	6:39	32.50	3:17:19	6:04	23	1:01:10	107	1:18:28
Lap 11	3.25	20:02	6:09	20	6:14	79	6:54	35.75	3:37:21	6:04	23	1:07:24	103	1:21:45
Lap 12	3.25	20:22	6:15	21	5:56	78	7:09	39.00	3:57:43	6:05	23	1:13:20	100	1:24:51
Last lap Finish	3.25	19:33	6:00	19	5:42	67	6:28	42.25	4:17:16	6:05	23	1:19:02	95	1:27:48