



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Lehmann, Norman

Club: Wolfsburg

Number: 724

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 4:16:19

Speed: 9.89 km/h

Running performance: 6:04 min/km

Rank in course/Total: 106 (of 193)

Rank in course/Men: 93 (of 161)

Best time in course: 2:49:28

Rank in category: 21(of 27)

Best time in the category: 2:58:14

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:36	5:43	21	6:46	107	6:46	3.25	18:36	5:43	21	6:46	107	6:46
Lap 2	3.25	17:50	5:29	19	5:23	93	5:23	6.50	36:26	5:36	20	12:09	100	12:09
Lap 3	3.25	17:58	5:31	20	5:14	93	5:27	9.75	54:24	5:34	20	17:23	100	17:36
Lap 4	3.25	18:38	5:44	21	5:30	103	5:53	13.00	1:13:02	5:37	20	22:53	97	23:29
Lap 5	3.25	18:40	5:44	22	5:05	97	5:46	16.25	1:31:42	5:38	21	27:35	98	29:15
Lap 6	3.25	17:44	5:27	18	4:07	69	17:43	19.50	1:49:26	5:36	21	30:46	94	35:49
Lap 7	3.25	17:41	5:26	15	3:48	61	4:20	22.75	2:07:07	5:35	21	33:39	88	39:13
Lap 8	3.25	18:29	5:41	16	4:06	65	18:28	26.00	2:25:36	5:35	21	37:34	83	57:41
Lap 9	3.25	19:47	6:05	20	5:30	85	6:28	29.25	2:45:23	5:39	20	43:04	83	1:02:25
Lap 10	3.25	20:27	6:17	22	6:37	89	7:00	32.50	3:05:50	5:43	20	49:41	83	1:06:59
Lap 11	3.25	22:28	6:54	25	8:40	113	9:20	35.75	3:28:18	5:49	20	58:21	84	1:12:42
Lap 12	3.25	23:31	7:14	26	9:05	120	10:18	39.00	3:51:49	5:56	21	1:07:26	90	1:18:57
Last lap Finish	3.25	24:30	7:32	26	10:39	130	11:25	42.25	4:16:19	6:03	21	1:18:05	93	1:26:51