



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Haberland, Daniel

Club: Spremberger SV 1862

Number: 668

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 4:17:05

Speed: 9.86 km/h

Running performance: 6:05 min/km

Rank in course/Total: 107 (of 193)

Rank in course/Men: 94 (of 161)

Best time in course: 2:49:28

Rank in category: 22(of 27)

Best time in the category: 2:58:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	18:36	5:43	21	6:46	107	6:46	3.25	18:36	5:43	21	6:46	107	6:46
Lap 2	3.25	17:51	5:29	20	5:24	95	5:24	6.50	36:27	5:36	21	12:10	101	12:10
Lap 3	3.25	17:58	5:31	20	5:14	93	5:27	9.75	54:25	5:34	21	17:24	101	17:37
Lap 4	3.25	18:37	5:43	20	5:29	102	5:52	13.00	1:13:02	5:37	20	22:53	97	23:29
Lap 5	3.25	17:30	5:23	17	3:55	69	4:36	16.25	1:30:32	5:34	20	26:25	91	28:05
Lap 6	3.25	17:34	5:24	17	3:57	66	17:33	19.50	1:48:06	5:32	20	29:26	89	34:29
Lap 7	3.25	18:19	5:38	20	4:26	76	4:58	22.75	2:06:25	5:33	20	32:57	85	38:31
Lap 8	3.25	19:10	5:53	20	4:47	82	19:09	26.00	2:25:35	5:35	20	37:33	82	57:40
Lap 9	3.25	22:12	6:49	26	7:55	124	8:53	29.25	2:47:47	5:44	21	45:28	90	1:04:49
Lap 10	3.25	23:20	7:10	26	9:30	129	9:53	32.50	3:11:07	5:52	21	54:58	95	1:12:16
Lap 11	3.25	23:29	7:13	26	9:41	122	10:21	35.75	3:34:36	6:00	22	1:04:39	101	1:19:00
Lap 12	3.25	22:04	6:47	23	7:38	100	8:51	39.00	3:56:40	6:04	22	1:12:17	99	1:23:48
Last lap Finish	3.25	20:25	6:16	23	6:34	81	7:20	42.25	4:17:05	6:05	22	1:18:51	94	1:27:37