



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Haberland, Daniel

Club: Spremberger SV 1862

Number: 668

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 4:17:05

Speed: 9.80 km/h

Running performance: 6:05 min/km

Rank in course/Total: 107 (of 193)

Rank in course/Men: 94 (of 161)

Best time in course: 2:49:28

Rank in category: 22(of 27)

Best time in the category: 2:58:14

Intermediate times

Stage score

Total ranking

| Control | Split | | | Pos | | Behind | | Total | | | Pos | | Behind | |
|-----------------|-------|-------|--------|------|------|--------|-------|-------|---------|--------|------|---------|--------|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 3.25 | 18:36 | 5:43 | 21 | 6:46 | 107 | 6:46 | 3.25 | 18:36 | 5:43 | 21 | 6:46 | 107 | 6:46 |
| Lap 2 | 3.25 | 17:51 | 5:29 | 20 | 5:24 | 95 | 5:24 | 6.50 | 36:27 | 5:36 | 21 | 12:10 | 101 | 12:10 |
| Lap 3 | 3.25 | 17:58 | 5:31 | 20 | 5:14 | 93 | 5:27 | 9.75 | 54:25 | 5:34 | 21 | 17:24 | 101 | 17:37 |
| Lap 4 | 3.25 | 18:37 | 5:43 | 20 | 5:29 | 102 | 5:52 | 13.00 | 1:13:02 | 5:37 | 20 | 22:53 | 97 | 23:29 |
| Lap 5 | 3.25 | 17:30 | 5:23 | 17 | 3:55 | 69 | 4:36 | 16.25 | 1:30:32 | 5:34 | 20 | 26:25 | 91 | 28:05 |
| Lap 6 | 3.25 | 17:34 | 5:24 | 17 | 3:57 | 66 | 17:33 | 19.50 | 1:48:06 | 5:32 | 20 | 29:26 | 89 | 34:29 |
| Lap 7 | 3.25 | 18:19 | 5:38 | 20 | 4:26 | 76 | 4:58 | 22.75 | 2:06:25 | 5:33 | 20 | 32:57 | 85 | 38:31 |
| Lap 8 | 3.25 | 19:10 | 5:53 | 20 | 4:47 | 82 | 19:09 | 26.00 | 2:25:35 | 5:35 | 20 | 37:33 | 82 | 57:40 |
| Lap 9 | 3.25 | 22:12 | 6:49 | 26 | 7:55 | 124 | 8:53 | 29.25 | 2:47:47 | 5:44 | 21 | 45:28 | 90 | 1:04:49 |
| Lap 10 | 3.25 | 23:20 | 7:10 | 26 | 9:30 | 129 | 9:53 | 32.50 | 3:11:07 | 5:52 | 21 | 54:58 | 95 | 1:12:16 |
| Lap 11 | 3.25 | 23:29 | 7:13 | 26 | 9:41 | 122 | 10:21 | 35.75 | 3:34:36 | 6:00 | 22 | 1:04:39 | 101 | 1:19:00 |
| Lap 12 | 3.25 | 22:04 | 6:47 | 23 | 7:38 | 100 | 8:51 | 39.00 | 3:56:40 | 6:04 | 22 | 1:12:17 | 99 | 1:23:48 |
| Last lap Finish | 3.25 | 20:25 | 6:16 | 23 | 6:34 | 81 | 7:20 | 42.25 | 4:17:05 | 6:05 | 22 | 1:18:51 | 94 | 1:27:37 |