



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Körner, Jens

Total time: 4:17:36

Club: WIR sind Marathon / Team Erdinger Alkoholfrei
Number: 711

Speed: 9.84 km/h

Running performance: 6:06 min/km

Course: 42.25 km
Marathon

Rank in course/Total: 110 (of 193)

Rank in course/Men: 97 (of 161)

Best time in course: 2:49:28

Category:

Rank in category: 11(of 22)

Senioren M45 (45-49 Jahre)

Best time in the category: 3:15:14

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:02	4:56	5	2:25	50	4:12	3.25	16:02	4:56	5	2:25	50	4:12
Lap 2	3.25	16:50	5:10	6	3:42	64	4:23	6.50	32:52	5:03	5	6:07	54	8:35
Lap 3	3.25	17:05	5:15	6	3:21	67	4:34	9.75	49:57	5:07	6	9:28	57	13:09
Lap 4	3.25	17:04	5:15	6	3:23	60	4:19	13.00	1:07:01	5:09	5	12:51	58	17:28
Lap 5	3.25	16:47	5:09	4	2:56	48	3:53	16.25	1:23:48	5:09	5	15:47	55	21:21
Lap 6	3.25	17:30	5:23	6	3:42	62	17:29	19.50	1:41:18	5:11	5	19:29	55	27:41
Lap 7	3.25	17:57	5:31	7	3:55	69	4:36	22.75	1:59:15	5:14	5	23:24	57	31:21
Lap 8	3.25	21:20	6:33	15	6:40	123	21:19	26.00	2:20:35	5:24	7	30:04	66	52:40
Lap 9	3.25	22:30	6:55	19	7:23	133	9:11	29.25	2:43:05	5:34	9	37:27	77	1:00:07
Lap 10	3.25	21:29	6:36	15	6:04	108	8:02	32.50	3:04:34	5:40	9	42:42	80	1:05:43
Lap 11	3.25	23:27	7:12	16	7:44	120	10:19	35.75	3:28:01	5:49	9	49:09	83	1:12:25
Lap 12	3.25	19:00	5:50	5	3:03	44	5:47	39.00	3:47:01	5:49	9	50:37	83	1:14:09
Last lap Finish	3.25	30:35	9:24	22	14:46	157	17:30	42.25	4:17:36	6:05	11	1:02:22	97	1:28:08