



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Kluge, Dietmar

Club: Reisegruppe Schlemmerblock
Number: 704

Course: 42.25 km
Marathon

Category:
Senioren M55 (55-59 Jahre)

Total time: 4:23:10

Speed: 9.58 km/h

Running performance: 6:14 min/km

Rank in course/Total: 120 (of 193)

Rank in course/Men: 106 (of 161)

Best time in course: 2:49:28

Rank in category: 9(of 20)

Best time in the category: 3:36:40

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:54	5:30	7	2:35	85	6:04	3.25	17:54	5:30	7	2:35	85	6:04
Lap 2	3.25	17:54	5:30	7	1:38	97	5:27	6.50	35:48	5:30	7	4:13	90	11:31
Lap 3	3.25	18:14	5:36	8	2:51	99	5:43	9.75	54:02	5:32	7	6:03	95	17:14
Lap 4	3.25	18:39	5:44	9	3:05	104	5:54	13.00	1:12:41	5:35	8	9:08	96	23:08
Lap 5	3.25	18:52	5:48	7	3:13	102	5:58	16.25	1:31:33	5:38	8	12:21	95	29:06
Lap 6	3.25	19:11	5:54	9	3:23	102	19:10	19.50	1:50:44	5:40	8	15:44	99	37:07
Lap 7	3.25	19:36	6:01	8	3:35	100	6:15	22.75	2:10:20	5:43	8	19:19	99	42:26
Lap 8	3.25	20:00	6:09	9	4:07	102	19:59	26.00	2:30:20	5:46	8	23:26	100	1:02:25
Lap 9	3.25	20:32	6:19	9	4:17	95	7:13	29.25	2:50:52	5:50	8	27:43	96	1:07:54
Lap 10	3.25	22:27	6:54	12	5:28	120	9:00	32.50	3:13:19	5:56	8	33:11	101	1:14:28
Lap 11	3.25	23:42	7:17	14	5:30	124	10:34	35.75	3:37:01	6:04	9	38:41	102	1:21:25
Lap 12	3.25	23:15	7:09	13	4:31	116	10:02	39.00	4:00:16	6:09	9	43:12	104	1:27:24
Last lap Finish	3.25	22:54	7:02	13	5:15	111	9:49	42.25	4:23:10	6:13	9	46:30	106	1:33:42