



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Ernst, Beate**

Club: Lauffeuer Fröttstädt

Number: 638

Course: 42.25 km

Marathon

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 4:25:40

Speed: 9.54 km/h

Running performance: 6:17 min/km

Rank in course/Total: 127 (of 193)

Rank in course/Women: 15 (of 32)

Best time in course: 3:42:42

Rank in category: 3(of 7)

Best time in the category: 3:55:15

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:06	5:34	2	0:32	9	3:43	3.25	18:06	5:34	2	0:32	9	3:43
Lap 2	3.25	18:43	5:45	3	0:47	14	2:53	6.50	36:49	5:39	3	1:19	13	6:36
Lap 3	3.25	18:34	5:42	2	0:19	14	2:31	9.75	55:23	5:40	2	1:38	12	9:07
Lap 4	3.25	18:09	5:35	2	0:04	7	1:43	13.00	1:13:32	5:39	3	1:19	13	10:29
Lap 5	3.25	19:19	5:56	2	1:13	12	2:44	16.25	1:32:51	5:42	3	1:16	13	11:56
Lap 6	3.25	20:22	6:15	3	2:48	21	3:32	19.50	1:53:13	5:48	3	4:04	14	15:01
Lap 7	3.25	21:00	6:27	3	3:04	20	4:05	22.75	2:14:13	5:53	3	7:08	15	19:06
Lap 8	3.25	22:09	6:48	4	4:18	22	4:51	26.00	2:36:22	6:00	3	11:26	16	23:57
Lap 9	3.25	22:21	6:52	4	4:20	21	4:39	29.25	2:58:43	6:06	3	15:46	16	28:36
Lap 10	3.25	23:08	7:07	4	5:01	23	5:07	32.50	3:21:51	6:12	3	20:47	16	33:43
Lap 11	3.25	23:42	7:17	4	5:59	24	5:59	35.75	3:45:33	6:18	3	26:46	17	39:14
Lap 12	3.25	21:50	6:43	3	3:17	17	4:12	39.00	4:07:23	6:20	3	30:03	18	42:43
Last lap Finish	3.25	18:17	5:37	2	0:22	7	1:02	42.25	4:25:40	6:17	3	30:25	15	42:58