



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Dollerschell, Kerstin

Club: TSVE Bielefeld

Number: 632

Course: 42.25 km

Marathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 4:27:44

Speed: 9.47 km/h

Running performance: 6:20 min/km

Rank in course/Total: 131 (of 193)

Rank in course/Women: 16 (of 32)

Best time in course: 3:42:42

Rank in category: 1(of 2)

Best time in the category: 4:27:44

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:47	6:05	2	1:18	19	5:24	3.25	19:47	6:05	2	1:18	19	5:24
Lap 2	3.25	19:55	6:07	2	1:09	23	4:05	6.50	39:42	6:06	2	2:27	21	9:29
Lap 3	3.25	20:47	6:23	2	1:20	27	4:44	9.75	1:00:29	6:12	2	3:47	22	14:13
Lap 4	3.25	22:00	6:46	2	2:31	30	5:34	13.00	1:22:29	6:20	2	6:18	24	19:26
Lap 5	3.25	21:22	6:34	2	1:56	26	4:47	16.25	1:43:51	6:23	2	8:14	24	22:56
Lap 6	3.25	21:21	6:34	2	1:19	26	4:31	19.50	2:05:12	6:25	2	9:33	24	27:00
Lap 7	3.25	19:25	5:58	1	-	13	2:30	22.75	2:24:37	6:21	2	7:00	23	29:30
Lap 8	3.25	19:21	5:57	1	-	9	2:03	26.00	2:43:58	6:18	2	5:33	22	31:33
Lap 9	3.25	21:05	6:29	1	-	15	3:23	29.25	3:05:03	6:19	2	5:23	20	34:56
Lap 10	3.25	20:15	6:13	1	-	12	2:14	32.50	3:25:18	6:19	2	2:45	18	37:10
Lap 11	3.25	20:32	6:19	1	-	13	2:49	35.75	3:45:50	6:19	2	1:14	18	39:31
Lap 12	3.25	20:45	6:23	1	-	13	3:07	39.00	4:06:35	6:19	1	-	15	41:55
Last lap Finish	3.25	21:09	6:30	1	-	16	3:54	42.25	4:27:44	6:20	1	-	16	45:02