



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Jürries, Uwe

Club: Tv Hasperbach 1898 e.V.

Number: 694

Course: 42.25 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 4:30:12

Speed: 9.33 km/h

Running performance: 6:24 min/km

Rank in course/Total: 138 (of 193)

Rank in course/Men: 121 (of 161)

Best time in course: 2:49:28

Rank in category: 3(of 7)

Best time in the category: 3:55:15

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:07	4:57	1	-	52	4:17	3.25	16:07	4:57	1	-	52	4:17
Lap 2	3.25	17:14	5:18	2	0:40	79	4:47	6.50	33:21	5:07	1	-	60	9:04
Lap 3	3.25	17:56	5:31	2	1:06	91	5:25	9.75	51:17	5:15	2	0:13	69	14:29
Lap 4	3.25	18:17	5:37	2	1:06	92	5:32	13.00	1:09:34	5:21	2	1:19	77	20:01
Lap 5	3.25	19:40	6:03	3	2:25	119	6:46	16.25	1:29:14	5:29	2	3:44	87	26:47
Lap 6	3.25	20:24	6:16	4	2:46	128	20:23	19.50	1:49:38	5:37	2	6:30	95	36:01
Lap 7	3.25	21:28	6:36	4	3:37	132	8:07	22.75	2:11:06	5:45	2	10:07	102	43:12
Lap 8	3.25	22:02	6:46	3	4:04	130	22:01	26.00	2:33:08	5:53	2	14:11	105	1:05:13
Lap 9	3.25	22:15	6:50	3	3:35	126	8:56	29.25	2:55:23	5:59	2	17:46	109	1:12:25
Lap 10	3.25	23:20	7:10	3	4:25	129	9:53	32.50	3:18:43	6:06	3	22:11	110	1:19:52
Lap 11	3.25	24:40	7:35	3	4:48	134	11:32	35.75	3:43:23	6:14	3	26:59	117	1:27:47
Lap 12	3.25	23:52	7:20	3	4:42	125	10:39	39.00	4:07:15	6:20	3	31:41	119	1:34:23
Last lap Finish	3.25	22:57	7:03	3	3:16	113	9:52	42.25	4:30:12	6:23	3	34:57	121	1:40:44