



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Jürries, Uwe**

Club: Tv Hasperbach 1898 e.V.

Number: 694

Course: 42.25 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 4:30:12

Speed: 9.38 km/h

Running performance: 6:24 min/km

Rank in course/Total: 138 (of 193)

Rank in course/Men: 121 (of 161)

Best time in course: 2:49:28

Rank in category: 3(of 7)

Best time in the category: 3:55:15

### Intermediate times

### Stage score

### Total ranking

| Control         | Intermediate times |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
|                 | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1           | 3.25               | 16:07      | 4:57         | 1        | -           | 52      | 4:17       | 3.25     | 16:07         | 4:57         | 1        | -           | 52      | 4:17       |
| Lap 2           | 3.25               | 17:14      | 5:18         | 2        | 0:40        | 79      | 4:47       | 6.50     | 33:21         | 5:07         | 1        | -           | 60      | 9:04       |
| Lap 3           | 3.25               | 17:56      | 5:31         | 2        | 1:06        | 91      | 5:25       | 9.75     | 51:17         | 5:15         | 2        | 0:13        | 69      | 14:29      |
| Lap 4           | 3.25               | 18:17      | 5:37         | 2        | 1:06        | 92      | 5:32       | 13.00    | 1:09:34       | 5:21         | 2        | 1:19        | 77      | 20:01      |
| Lap 5           | 3.25               | 19:40      | 6:03         | 3        | 2:25        | 119     | 6:46       | 16.25    | 1:29:14       | 5:29         | 2        | 3:44        | 87      | 26:47      |
| Lap 6           | 3.25               | 20:24      | 6:16         | 4        | 2:46        | 128     | 20:23      | 19.50    | 1:49:38       | 5:37         | 2        | 6:30        | 95      | 36:01      |
| Lap 7           | 3.25               | 21:28      | 6:36         | 4        | 3:37        | 132     | 8:07       | 22.75    | 2:11:06       | 5:45         | 2        | 10:07       | 102     | 43:12      |
| Lap 8           | 3.25               | 22:02      | 6:46         | 3        | 4:04        | 130     | 22:01      | 26.00    | 2:33:08       | 5:53         | 2        | 14:11       | 105     | 1:05:13    |
| Lap 9           | 3.25               | 22:15      | 6:50         | 3        | 3:35        | 126     | 8:56       | 29.25    | 2:55:23       | 5:59         | 2        | 17:46       | 109     | 1:12:25    |
| Lap 10          | 3.25               | 23:20      | 7:10         | 3        | 4:25        | 129     | 9:53       | 32.50    | 3:18:43       | 6:06         | 3        | 22:11       | 110     | 1:19:52    |
| Lap 11          | 3.25               | 24:40      | 7:35         | 3        | 4:48        | 134     | 11:32      | 35.75    | 3:43:23       | 6:14         | 3        | 26:59       | 117     | 1:27:47    |
| Lap 12          | 3.25               | 23:52      | 7:20         | 3        | 4:42        | 125     | 10:39      | 39.00    | 4:07:15       | 6:20         | 3        | 31:41       | 119     | 1:34:23    |
| Last lap Finish | 3.25               | 22:57      | 7:03         | 3        | 3:16        | 113     | 9:52       | 42.25    | 4:30:12       | 6:23         | 3        | 34:57       | 121     | 1:40:44    |