



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Gren, Johanna

Club: Helsingborg

Number: 665

Course: 42.25 km

Marathon

Category:

Frauen (20-29 Jahre)

Total time: 4:33:48

Speed: 9.26 km/h

Running performance: 6:29 min/km

Rank in course/Total: 142 (of 193)

Rank in course/Women: 19 (of 32)

Best time in course: 3:42:42

Rank in category: 2(of 3)

Best time in the category: 3:51:37

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	20:12	6:12	2	5:49	21	5:49	3.25	20:12	6:12	2	5:49	21	5:49
Lap 2	3.25	20:39	6:21	2	4:49	27	4:49	6.50	40:51	6:17	2	10:38	24	10:38
Lap 3	3.25	23:25	7:12	3	7:22	32	7:22	9.75	1:04:16	6:35	3	18:00	30	18:00
Lap 4	3.25	21:12	6:31	2	4:25	27	4:46	13.00	1:25:28	6:34	3	22:25	30	22:25
Lap 5	3.25	21:16	6:32	2	3:24	25	4:41	16.25	1:46:44	6:34	3	25:49	29	25:49
Lap 6	3.25	19:04	5:51	2	0:27	9	2:14	19.50	2:05:48	6:27	2	26:16	25	27:36
Lap 7	3.25	20:06	6:11	2	0:57	17	3:11	22.75	2:25:54	6:24	2	27:13	25	30:47
Lap 8	3.25	20:16	6:14	2	0:25	15	2:58	26.00	2:46:10	6:23	2	27:38	24	33:45
Lap 9	3.25	21:20	6:33	2	2:14	18	3:38	29.25	3:07:30	6:24	2	29:52	23	37:23
Lap 10	3.25	20:36	6:20	2	1:06	15	2:35	32.50	3:28:06	6:24	2	30:58	21	39:58
Lap 11	3.25	21:00	6:27	2	2:10	15	3:17	35.75	3:49:06	6:24	2	33:08	19	42:47
Lap 12	3.25	22:39	6:58	2	5:01	20	5:01	39.00	4:11:45	6:27	2	38:09	19	47:05
Last lap Finish	3.25	22:03	6:47	2	4:02	20	4:48	42.25	4:33:48	6:28	2	42:11	19	51:06