



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Oelenberg, Matthias**

Club: Endorphinjunkies Dortmund  
Number: 752

Course: 42.25 km  
Marathon

Category:  
Senioren M50 (50-54 Jahre)

Total time: 4:37:54

Speed: 9.12 km/h

Running performance: 6:35 min/km

Rank in course/Total: 150 (of 193)

Rank in course/Men: 128 (of 161)

Best time in course: 2:49:28

Rank in category: 29(of 35)

Best time in the category: 3:16:40

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:04	6:10	28	5:20	133	8:14	3.25	20:04	6:10	28	5:20	133	8:14
Lap 2	3.25	19:44	6:04	27	5:08	136	7:17	6.50	39:48	6:07	28	10:19	139	15:31
Lap 3	3.25	20:09	6:11	31	5:25	139	7:38	9.75	59:57	6:08	30	15:44	138	23:09
Lap 4	3.25	20:11	6:12	29	5:24	135	7:26	13.00	1:20:08	6:09	29	21:08	135	30:35
Lap 5	3.25	20:22	6:15	31	5:42	135	7:28	16.25	1:40:30	6:11	31	26:50	137	38:03
Lap 6	3.25	20:44	6:22	30	6:11	134	20:43	19.50	2:01:14	6:13	31	33:01	138	47:37
Lap 7	3.25	21:18	6:33	27	6:51	129	7:57	22.75	2:22:32	6:15	30	39:52	136	54:38
Lap 8	3.25	22:39	6:58	30	8:13	138	22:38	26.00	2:45:11	6:21	30	48:05	135	1:17:16
Lap 9	3.25	21:46	6:41	24	6:50	115	8:27	29.25	3:06:57	6:23	30	54:55	135	1:23:59
Lap 10	3.25	22:24	6:53	26	7:04	119	8:57	32.50	3:29:21	6:26	32	1:01:59	138	1:30:30
Lap 11	3.25	22:40	6:58	25	6:57	116	9:32	35.75	3:52:01	6:29	30	1:08:49	134	1:36:25
Lap 12	3.25	23:28	7:13	24	8:05	118	10:15	39.00	4:15:29	6:33	30	1:15:55	133	1:42:37
Last lap Finish	3.25	22:25	6:53	22	7:14	106	9:20	42.25	4:37:54	6:34	29	1:21:14	128	1:48:26