



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Karklis, Ute

Club: Teuto Run and Fun / Pummelantin

Number: 695

Course: 42.25 km

Marathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 4:43:16

Speed: 8.90 km/h

Running performance: 6:42 min/km

Rank in course/Total: 160 (of 193)

Rank in course/Women: 25 (of 32)

Best time in course: 3:42:42

Rank in category: 3(of 4)

Best time in the category: 4:08:06

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	19:47	6:05	2	1:21	19	5:24	3.25	19:47	6:05	2	1:21	19	5:24
Lap 2	3.25	19:25	5:58	2	1:05	18	3:35	6.50	39:12	6:01	2	2:26	19	8:59
Lap 3	3.25	19:46	6:04	2	1:46	20	3:43	9.75	58:58	6:02	2	4:12	20	12:42
Lap 4	3.25	20:35	6:19	3	2:17	23	4:09	13.00	1:19:33	6:07	2	6:29	21	16:30
Lap 5	3.25	20:31	6:18	3	2:17	21	3:56	16.25	1:40:04	6:09	2	8:46	21	19:09
Lap 6	3.25	20:47	6:23	3	2:08	22	3:57	19.50	2:00:51	6:11	2	10:54	21	22:39
Lap 7	3.25	21:12	6:31	3	2:18	21	4:17	22.75	2:22:03	6:14	2	13:12	20	26:56
Lap 8	3.25	21:17	6:32	3	1:53	19	3:59	26.00	2:43:20	6:16	2	15:05	20	30:55
Lap 9	3.25	22:06	6:48	2	1:59	20	4:24	29.25	3:05:26	6:20	2	17:04	21	35:19
Lap 10	3.25	24:38	7:34	4	5:08	28	6:37	32.50	3:30:04	6:27	3	22:12	24	41:56
Lap 11	3.25	23:21	7:11	4	3:23	22	5:38	35.75	3:53:25	6:31	3	25:35	23	47:06
Lap 12	3.25	23:59	7:22	4	3:29	26	6:21	39.00	4:17:24	6:35	3	29:04	23	52:44
Last lap Finish	3.25	25:52	7:57	4	6:06	27	8:37	42.25	4:43:16	6:42	3	35:10	25	1:00:34