



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Schwarzer, Sarah

Club: Merseburg

Number: 215

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 50:14

Speed: 10.75 km/h

Running performance: 5:09 min/km

Rank in course/Total: 64 (of 246)

Rank in course/Women: 14 (of 98)

Best time in course: 42:01

Rank in category: 3(of 16)

Best time in the category: 48:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:09	4:58	4	1:11	16	8:38	3.25	16:09	4:58	4	1:11	16	8:38
Lap 2	3.25	17:02	5:14	4	0:36	17	3:01	6.50	33:11	5:06	4	1:47	16	5:39
Last lap Finish	3.25	17:03	5:14	4	0:34	16	2:58	9.75	50:14	5:09	3	2:01	14	8:13