



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Ilievics, André

Club: Eintracht Frankfurt Triathlon

Number: 394

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:52:15

Speed: 8.67 km/h

Running performance: 6:55 min/km

Rank in course/Total: 174 (of 193)

Rank in course/Men: 146 (of 161)

Best time in course: 2:49:28

Rank in category: 20(of 22)

Best time in the category: 3:15:14

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:08	6:11	19	6:31	137	8:18	3.25	20:08	6:11	19	6:31	137	8:18
Lap 2	3.25	18:52	5:48	16	5:44	121	6:25	6.50	39:00	6:00	19	12:15	129	14:43
Lap 3	3.25	19:05	5:52	16	5:21	122	6:34	9.75	58:05	5:57	16	17:36	124	21:17
Lap 4	3.25	20:28	6:17	19	6:47	138	7:43	13.00	1:18:33	6:02	17	24:23	130	29:00
Lap 5	3.25	19:37	6:02	14	5:46	115	6:43	16.25	1:38:10	6:02	17	30:09	131	35:43
Lap 6	3.25	21:39	6:39	21	7:51	144	21:38	19.50	1:59:49	6:08	17	38:00	130	46:12
Lap 7	3.25	22:31	6:55	18	8:29	145	9:10	22.75	2:22:20	6:15	18	46:29	135	54:26
Lap 8	3.25	24:11	7:26	20	9:31	149	24:10	26.00	2:46:31	6:24	19	56:00	139	1:18:36
Lap 9	3.25	22:20	6:52	18	7:13	128	9:01	29.25	3:08:51	6:27	19	1:03:13	140	1:25:53
Lap 10	3.25	27:38	8:30	22	12:13	157	14:11	32.50	3:36:29	6:39	20	1:14:37	142	1:37:38
Lap 11	3.25	26:35	8:10	22	10:52	154	13:27	35.75	4:03:04	6:47	20	1:24:12	145	1:47:28
Lap 12	3.25	25:05	7:43	20	9:08	133	11:52	39.00	4:28:09	6:52	20	1:31:45	145	1:55:17
Last lap Finish	3.25	24:06	7:24	16	8:17	126	11:01	42.25	4:52:15	6:55	20	1:37:01	146	2:02:47