



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Richter, Michael

Club: LC BlueLiner

Number: 775

Course: 42.25 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 5:15:00

Speed: 8.00 km/h

Running performance: 7:28 min/km

Rank in course/Total: 188 (of 193)

Rank in course/Men: 157 (of 161)

Best time in course: 2:49:28

Rank in category: 6(of 7)

Best time in the category: 3:55:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:45	6:23	6	4:38	151	8:55	3.25	20:45	6:23	6	4:38	151	8:55
Lap 2	3.25	21:02	6:28	6	4:28	153	8:35	6.50	41:47	6:25	6	8:26	154	17:30
Lap 3	3.25	21:10	6:30	5	4:20	147	8:39	9.75	1:02:57	6:27	6	11:53	154	26:09
Lap 4	3.25	21:55	6:44	6	4:44	154	9:10	13.00	1:24:52	6:31	6	16:37	154	35:19
Lap 5	3.25	23:12	7:08	7	5:57	159	10:18	16.25	1:48:04	6:39	6	22:34	155	45:37
Lap 6	3.25	22:14	6:50	6	4:36	149	22:13	19.50	2:10:18	6:40	6	27:10	154	56:41
Lap 7	3.25	24:07	7:25	6	6:16	154	10:46	22.75	2:34:25	6:47	6	33:26	156	1:06:31
Lap 8	3.25	26:33	8:10	7	8:35	156	26:32	26.00	3:00:58	6:57	6	42:01	156	1:33:03
Lap 9	3.25	27:49	8:33	7	9:09	160	14:30	29.25	3:28:47	7:08	6	51:10	158	1:45:49
Lap 10	3.25	27:17	8:23	6	8:22	156	13:50	32.50	3:56:04	7:15	6	59:32	158	1:57:13
Lap 11	3.25	27:06	8:20	6	7:14	157	13:58	35.75	4:23:10	7:21	6	1:06:46	158	2:07:34
Lap 12	3.25	27:00	8:18	5	7:50	152	13:47	39.00	4:50:10	7:26	6	1:14:36	158	2:17:18
Last lap Finish	3.25	24:50	7:38	4	5:09	132	11:45	42.25	5:15:00	7:27	6	1:19:45	157	2:25:32