



# 13. Kristall-Marathon

Merkers / 17.02.2019

## Detailed evaluation

**Reinhard-Miltz, Gerhard**

Club: 100 Marathon Club

Number: 770

Course: 42.25 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 5:25:52

Speed: 7.73 km/h

Running performance: 7:43 min/km

Rank in course/Total: 192 (of 193)

Rank in course/Men: 160 (of 161)

Best time in course: 2:49:28

Rank in category: 7(of 7)

Best time in the category: 3:55:15

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	22:21	6:52	7	6:14	158	10:31	3.25	22:21	6:52	7	6:14	158	10:31
Lap 2	3.25	21:29	6:36	7	4:55	157	9:02	6.50	43:50	6:44	7	10:29	157	19:33
Lap 3	3.25	21:48	6:42	7	4:58	152	9:17	9.75	1:05:38	6:43	7	14:34	157	28:50
Lap 4	3.25	22:16	6:51	7	5:05	155	9:31	13.00	1:27:54	6:45	7	19:39	157	38:21
Lap 5	3.25	22:30	6:55	6	5:15	157	9:36	16.25	1:50:24	6:47	7	24:54	158	47:57
Lap 6	3.25	24:19	7:28	7	6:41	160	24:18	19.50	2:14:43	6:54	7	31:35	159	1:01:06
Lap 7	3.25	26:19	8:05	7	8:28	160	12:58	22.75	2:41:02	7:04	7	40:03	160	1:13:08
Lap 8	3.25	26:26	8:07	6	8:28	155	26:25	26.00	3:07:28	7:12	7	48:31	160	1:39:33
Lap 9	3.25	27:03	8:19	6	8:23	157	13:44	29.25	3:34:31	7:20	7	56:54	160	1:51:33
Lap 10	3.25	28:53	8:53	7	9:58	159	15:26	32.50	4:03:24	7:29	7	1:06:52	160	2:04:33
Lap 11	3.25	29:13	8:59	7	9:21	160	16:05	35.75	4:32:37	7:37	7	1:16:13	160	2:17:01
Lap 12	3.25	25:54	7:58	4	6:44	145	12:41	39.00	4:58:31	7:39	7	1:22:57	160	2:25:39
Last lap Finish	3.25	27:21	8:24	7	7:40	146	14:16	42.25	5:25:52	7:42	7	1:30:37	160	2:36:24