



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Hermle, Rebecca

Club: Hannover

Number: 97

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 50:21

Speed: 10.72 km/h

Running performance: 5:10 min/km

Rank in course/Total: 66 (of 246)

Rank in course/Women: 15 (of 98)

Best time in course: 42:01

Rank in category: 3(of 19)

Best time in the category: 49:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:59	4:55	2	0:16	14	8:28	3.25	15:59	4:55	2	0:16	14	8:28
Lap 2	3.25	16:59	5:13	3	0:12	15	2:58	6.50	32:58	5:04	3	0:26	14	5:26
Last lap Finish	3.25	17:23	5:20	4	1:10	19	3:18	9.75	50:21	5:09	3	0:31	15	8:20