



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Richter, Patrick

Club: SV1885 Teutschenthal

Number: 183

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 39:06

Speed: 14.96 km/h

Running performance: 4:01 min/km

Rank in course/Total: 6 (of 246)

Rank in course/Men: 6 (of 148)

Best time in course: 33:48

Rank in category: 1(of 27)

Best time in the category: 39:06

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	12:16	3:46	1	-	6	1:45	3.25	12:16	3:46	1	-	6	1:45
Lap 2	3.25	13:28	4:08	1	-	6	1:57	6.50	25:44	3:57	1	-	6	3:42
Last lap Finish	3.25	13:22	4:06	1	-	6	1:43	9.75	39:06	4:00	1	-	6	5:18