



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Kisling, Claudia

Club: Tri-Team Fuldata1

Number: 121

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 50:50

Speed: 11.51 km/h

Running performance: 5:13 min/km

Rank in course/Total: 71 (of 246)

Rank in course/Women: 20 (of 98)

Best time in course: 42:01

Rank in category: 2(of 12)

Best time in the category: 47:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:52	4:52	3	8:21	13	8:21	3.25	15:52	4:52	3	8:21	13	8:21
Lap 2	3.25	17:26	5:21	2	1:25	20	3:25	6.50	33:18	5:07	2	1:40	17	5:46
Last lap Finish	3.25	17:32	5:23	2	1:30	21	3:27	9.75	50:50	5:12	2	3:10	20	8:49