



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Noth, Christiane

Club: OCR Germany

Number: 165

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 51:48

Speed: 10.42 km/h

Running performance: 5:19 min/km

Rank in course/Total: 79 (of 246)

Rank in course/Women: 21 (of 98)

Best time in course: 42:01

Rank in category: 6(of 16)

Best time in the category: 48:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:21	5:01	5	1:23	20	8:50	3.25	16:21	5:01	5	1:23	20	8:50
Lap 2	3.25	17:53	5:30	8	1:27	23	3:52	6.50	34:14	5:15	6	2:50	20	6:42
Last lap Finish	3.25	17:34	5:24	7	1:05	22	3:29	9.75	51:48	5:18	6	3:35	21	9:47