



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Engel, Silvio

Club: K4 Leipzig e.V.

Number: 50

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 52:37

Speed: 11.12 km/h

Running performance: 5:24 min/km

Rank in course/Total: 87 (of 246)

Rank in course/Men: 63 (of 148)

Best time in course: 33:48

Rank in category: 2(of 18)

Best time in the category: 42:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:28	5:22	4	4:32	76	6:57	3.25	17:28	5:22	4	4:32	76	6:57
Lap 2	3.25	18:00	5:32	2	3:32	68	6:29	6.50	35:28	5:27	2	8:04	69	13:26
Last lap Finish	3.25	17:09	5:16	2	2:19	54	5:30	9.75	52:37	5:23	2	10:23	63	18:49