



13. Kristall-Marathon

Merkers / 17.02.2019

Detailed evaluation

Fighter, MS

Club: Laufftreff Freigericht

Number: 57

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 53:41

Speed: 10.06 km/h

Running performance: 5:31 min/km

Rank in course/Total: 94 (of 246)

Rank in course/Women: 25 (of 98)

Best time in course: 42:01

Rank in category: 9(of 16)

Best time in the category: 48:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:51	5:11	8	1:53	24	9:20	3.25	16:51	5:11	8	1:53	24	9:20
Lap 2	3.25	18:26	5:40	9	2:00	27	4:25	6.50	35:17	5:25	9	3:53	25	7:45
Last lap Finish	3.25	18:24	5:39	9	1:55	25	4:19	9.75	53:41	5:30	9	5:28	25	11:40