



16. Lorsch Triathlon

Lorsch / 11.08.2019

Detailed evaluation

Team 'Pain & Gain'

Total time: 1:24:22

Speed: 18.14 km/h

Number: 379

Course: 25.50 km

Triathlonstaffel

Rank in course: 25 (of 31)

Best time in course: 59:32

Category:

Triathlon-Staffel

Rank in category: 25(of 31)

Best time in the category: 59:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total		Total ranking		Pos Cat.	Behind Cat.	Pos Total	Behind Total	
						Pos	Behind	Total	Total	Total	Total					km
Schwimmen nett	0.50	10:15	2.93	8	2:32	8	2:32	0.50	10:15	2.93	8	2:32	8	2:32		
Wechsel S -> R	-	1:55	-	24	0:41	24	0:41	0.50	12:10	-	8	3:11	8	3:11		
Kontrolle Rad	6.00	12:42	28.35	21	3:12	21	3:12	6.50	24:52	15.68	12	5:28	12	5:28		
Kontrolle Rad	8.00	16:13	29.60	22	4:14	22	4:14	14.50	41:05	21.18	18	9:42	18	9:42		
Rad Ziel	6.00	11:42	30.77	25	3:00	25	3:00	20.50	52:47	23.30	18	12:33	18	12:33		
Wechsel R -> L	-	0:28	-	8	0:06	8	0:06	20.50	53:15	-	18	12:27	18	12:27		
Kontrolle Lauf	2.40	14:52	9.69	28	6:43	28	6:43	22.90	1:08:07	20.17	23	18:28	23	18:28		
Lauf Ziel	2.60	16:15	9.60	27	7:20	27	7:20	25.50	1:24:22	18.14	25	24:50	25	24:50		